

All Saints' C. Of E (Aided) Primary School & Nursery Unit

Love to Learn, together with the Lord

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Sex & Relationships Education

Dear parent/carer,

The PSHRE (Personal, Social & Health Education) Programme we use across our school is **Jigsaw**, the mindful approach to PHSE.

Jigsaw is a teaching and learning programme which has a strong focus on emotional and mental health and wellbeing. There are six units (Puzzles), each with six lessons taught over the year. Every year group studies the same puzzle at the same time which allows for whole school themes to be shared and celebrated across the school. Year groups are taught one lesson per week, in an age- and stage-appropriate way to meet the children's needs.

From September 2020, Relationships and Sex Education (RSE), along with Health Education, became statutory, forming part of the National Curriculum.

This terms units will cover:

'Relationships' & 'Changing Me' which include lessons to help children understand the changes puberty brings, human reproduction and relationships in a modern world. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. Children in KS2 will look more fully at puberty and reproduction.

A detailed plan of what will be covered in your child's year group will be sent to you via Seesaw. Please contact the office if you need help accessing Seesaw. The plans for each year group can also be accessed via the school website. If you require a paper copy please ask the office and they will help.

We hope you will be in agreement with us that this work is vitally important for children and that the Jigsaw Programme gives us a secure framework in which to do this. The attached booklet, *'Relationship and Sex Education in the Primary School. A Guide for Parents and Carers'* provides further information on the sessions for each year group.



The DfE guidance states the statutory requirements, i.e. what children **MUST** be taught by the end of primary school.

Health Education includes learning about 'the changing adolescent body' to equip children to understand and cope with puberty.

The National Curriculum for Science, includes learning the correct names for the main external body parts, learning about the human body as it grows from birth to old age and reproduction in some plants and animals. (which could include human beings).

Relationships Education, Health Education and Science are **compulsory** subjects and parents/carers do NOT have the right to withdraw their children from these subjects.

At All Saints', Sex Education (Human reproduction & conception) is taught within PSHE/RSHE therefore parents do have the right to request their child is withdrawn from these specific lessons.

If you do wish to withdraw your children from this aspect of the PSHE/ RSE curriculum. Please contact the school before Monday 22th April.

If you do have any questions or concerns regarding these units of work, please do not hesitate to contact us in school.

Sarah Partington

Headteacher

Chorley All Saints' C of E Primary & Nursery School

